



BRINGING  
★  
Youth Services  
KIDS HOPE

community  
*we're all in*  
ment

The mission of Youth Services is to promote the social and emotional well-being of children and youth.

**We believe every child should grow up happy, healthy, and with hope**



# dear friends,

Youth Services embarked on its first strategic plan approximately ten years ago with a commitment to being the collaborative hub for mental health and social and emotional needs for children and youth. We were intentional in our commitment to partner with others in creative and mutually beneficial ways, focus on our deep roots and what we do especially well, and work to create a safety net for all families who need us. Today, we have exceeded that collaborative vision and Youth Services is a pillar in our community.

Commitment is reflected back to us in many ways. It is the faith we have established with parents managing a child in crisis or simply in need of support. It is the respect we have garnered from the local schools that call on us for collaboration. It is the trust we have gained with under-resourced families in our community. It is the investment we receive from donors and volunteers in time and treasure. All of these key pieces and so many more have played important roles in our growth and development.

At the end of every fiscal year we have the opportunity to reflect on the past year, however it has never been more important to focus on the future. As we face crucial needs and a demand we have not witnessed before, Youth Services is poised to partner with the community in exceedingly creative and impactful ways. We remain committed to ensuring that every child has access to the help they need regardless of their ability to pay and work to remove any other barriers to care within our abilities. We are growing, and our commitment to this community has been – and will continue to be – key to our mission as it has been for 50 years.



Thank you for your commitment in return. On behalf of the staff and Board of Directors, we are so proud to share the impact highlighted in our FY21-22 Annual Report. You have helped make our work possible.

With appreciation,

A handwritten signature in blue ink that reads "Amy O'Leary".

Amy O'Leary, LCSW  
Executive Director







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“  
you walk in  
and it’s a  
happy place.”

## our values

Youth Services is guided by four core values:  
**trust, safety, connection, and compassion.**

These values reflect who we are and what we expect from each other. Our values are both the boundaries of our space as well as a compass that helps guide us forward as we move toward our mission.



## Executive Director

Amy O’Leary, LCSW

## Clinical Staff

Jeni Brickman, LCSW  
Clinical Director

Lizzy Appleby, LCSW  
LuJuana Allen-Lightfoot, LPC  
Abbey Casagrande, LSW  
Abby Backer, MSW  
Kait Berger, LCPC  
Nelida Figueroa, MSW  
Alison Frye, LCPC  
Jess Levine, LCSW  
Alyssa Gardner, LPC  
August Hupp  
Sarah Moskowitz-Gordon, LCSW\*  
Mia Mullenix, BSW  
Stefany Nilsen, LPC\*  
Daniel Pak, LPC\*  
Becky Pollock, LCPC  
Essie Shachar-Hill, LCSW  
Megan Shipp, LAT, ATC\*  
Bridgette Taylor, LCSW\*  
Brenna Weidman, LCPC  
Jessica Wenk, LCSW



## Development Staff

Lisa Hanneman  
Development Director

Michelle Brody  
Development Manager, Marketing &  
Community Outreach

Erin Miller  
Development Manager, Special Events

Jennifer Fitch\*  
Volunteer Manager

## Administrative Staff

Mary Povitsky  
Receptionist

Stacey Schwarzman  
Staff Accountant\*

*\*denotes part-time*

## FoYS — Friends of Youth Services

Sandy Brennan  
Kelly Brown  
Julie Bruch  
Markie Condon  
Andrea Joselit  
Maritoni Kane  
Beth Kirk Malecki  
Anna Pappas  
Eileen Samuels  
Alison Schulte  
Mona Shah  
Keri Williams

## Board Of Directors

### President

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President, Northview Bank and Trust

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Retired Managing Partner, Accenture

### 2nd Vice President

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Assistant General Counsel, Zurich North America

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### Secretary

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Retired School Counselor

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Executive Producer, Media Direct Productions

Tom Klise  
CFO, Cherokee Wireless

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Attorney

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Karen Paige  
Attorney, Beerman Law

Doug Welch  
Director, Deloitte Consulting LLP

*\*Life Members*







Operating Budget  
**revenue**



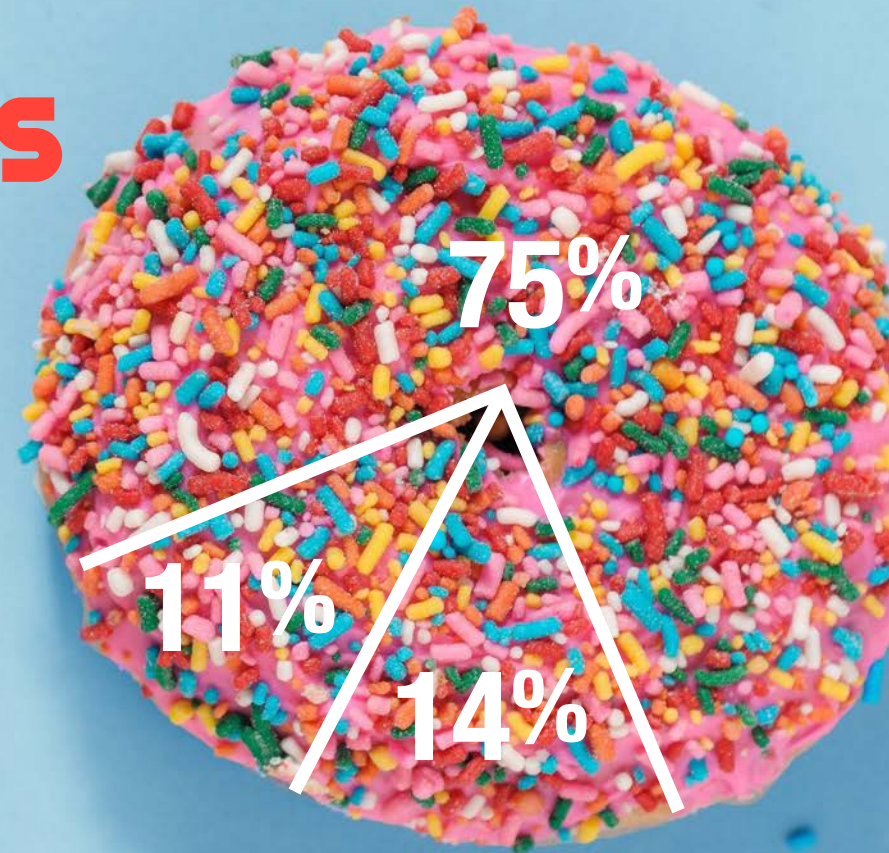
- 33% Local Government Grants
- 26% Fee Income
- 24% Fundraising
- 17% Grants & Foundations

**expenses**

\$2.02M

- 75% Program Services
- 14% Fundraising
- 11% Management & General

*These are preliminary operating revenues and expenses for the year July 1, 2021 through June 30, 2022, as presented on internal financial statements.*



## WHY CLIENTS CHOOSE US



**Thorough intake process**  
The relationship with our clients begins with the first phone call. 312 intakes were conducted in FY22.



**Treatment Model**  
Art, music, and play therapy are often utilized during therapy sessions.



**Culturally Competent Staff**  
YS has committed itself to employing a staff who has the sensitivity, awareness, and knowledge to effectively interact with clients across cultures.



**Collaboration and Partnership**  
We believe working with complimentary resources in the community and other systems in the client's life ensures quality care and supports each client in achieving their therapeutic goals.



**Multiple payment options**  
YS accepts multiple insurance plans and also has the lowest sliding scale in the northern suburbs of Chicago, going as low as \$1 per session.

**commitment**

**\$252,500**  
SCHOLARSHIPS  
**provided**  
TO AGENCY CLIENTS



“For families of modest financial means, YS is the only option for treatment and relief. Other families who have more options are so confident in our clinicians and our facility that they choose to stay on our waitlist.”

— YS Clinical Director Jeni Brickman



**No one is turned away based on ability to pay.**



## THE IMPACT OF COVID-19



*Prior to COVID-19, CDC data found 1 in 5 children had a mental disorder, but only about 20% of those children received care from a mental health provider.* [apa.org](https://www.apa.org)

### During COVID:

- 68% of parents saw their children face significant mental and emotional challenges  
[cdc.gov](https://www.cdc.gov)
- There was a 25% increase in the prevalence of anxiety and depression worldwide  
[who.int/](https://www.who.int/)
- Mental health-related emergency department visits increased 24% for children ages 5 to 11 and 31% for those ages 12 to 17  
[cdc.gov](https://www.cdc.gov)

### Today

“Mental health challenges in children, adolescents, and young adults are real and widespread. The COVID-19 pandemic further altered their experiences at home, school, and in the community, and the effect on their mental health has been devastating. The future wellbeing of our country depends on how we support and invest in the next generation now.”

— U.S. Surgeon General Vivek Murthy



## MENTAL HEALTH COUNSELING

*Our highly skilled clinicians provided*

**5,503** SESSIONS



Dear Kait-

I wanted to express my gratitude to you for your support in the last year. You have helped heal my soul. I know it can't be easy to always nurture and give undivided attention, but you did it. The last few years were very challenging for me as I was going through a terrible depressive episode. I had you to guide me through it. I love your kind and accepting smile and energy, and I feel blessed to have had you in my life. From the bottom of my heart, thank you. "

— Client of agency therapist Kait Berger



## YOUTH DEVELOPMENT PROGRAMS

*From Study Buddies to various neighborhood-specific groups, Youth Services was there to provide structured and therapeutic activities that promoted social and emotional learning in a group environment.*

**286**  
**youth**  
**SERVED**



Leaving group today, it was as if Julia had gone from black-and-white to technicolor. They were floating on air, so open and wanting to share their experience and feeling so much joy. Thank you so much for allowing this opportunity for them, it has been transformative and cathartic and so fun!"

— Parent of group participant

## PRIDE YOUTH

*The Pride Youth Program served LGBTQ+ young people and their families through peer-to-peer support groups, opportunities for youth leadership development, strong connections to supportive adults, and referrals*

223  
LGBTQ+  
youth  
SERVED

commitment



*What do you get out of participating in your prideSUPPORT group?*

“I get to spend time with other people who understand and support me. It’s one of the only social spaces I can be completely out and safe in. I feel like a normal teenager.”

“Acceptance no matter what.”

“I get to meet more people who have the same experiences as me and it makes me feel less alone.”



30  
youth  
SERVED

during the height of COVID-19, when virtual Action Camp was held



## SCHOOL & COMMUNITY OUTREACH

169 HEALTH WORKSHOPS

5,802  
Individuals  
REACHED

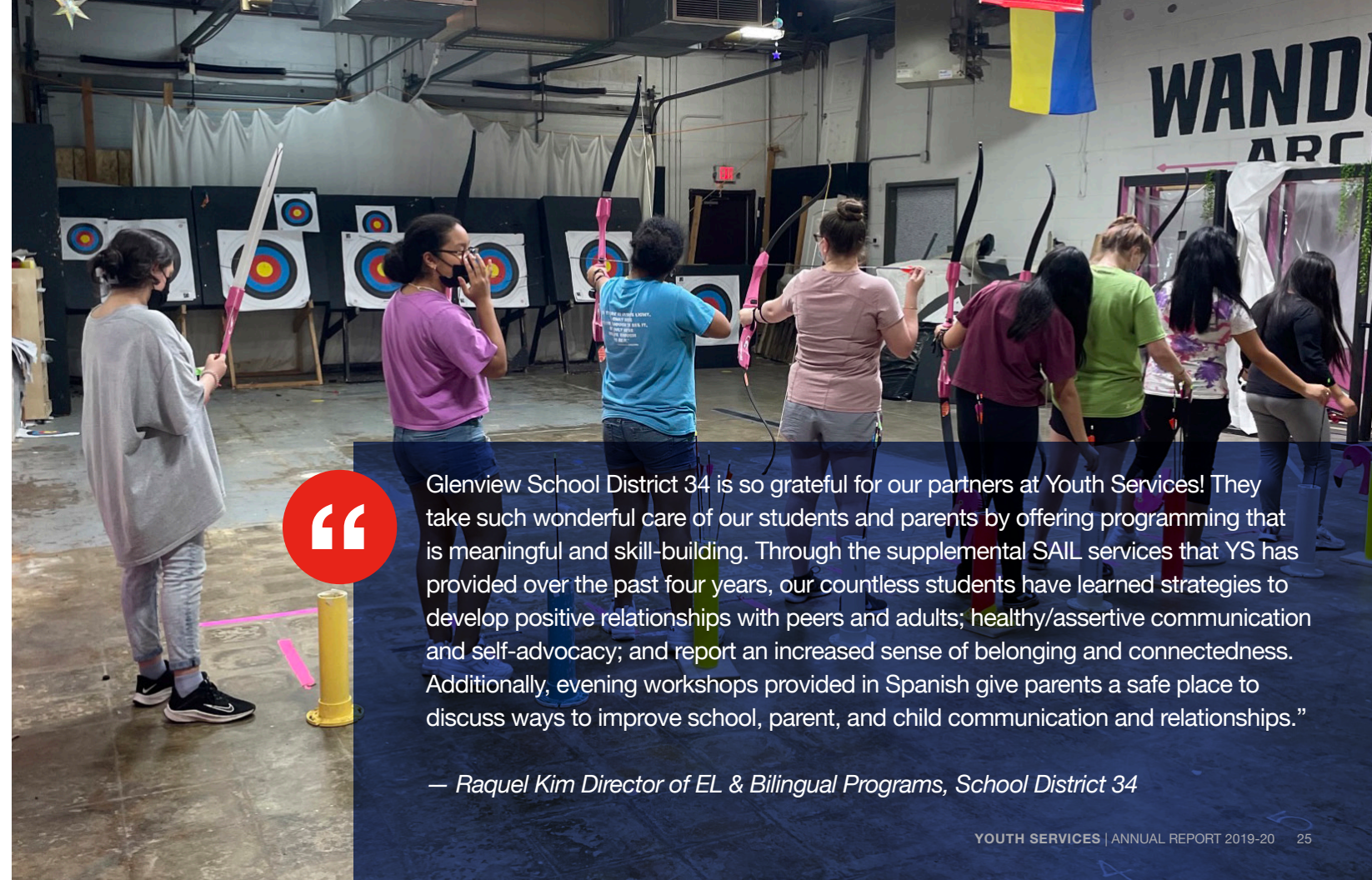


*Through classroom workshops for students, continuing education and curriculum for teachers and professionals, and parent education, the SHARE program reached thousands of children, teens, parents, and teachers at local schools and organizations with critical information on healthy relationships and sexual health and wellbeing. Youth Services also provided individual and support group services on-site at several schools when requested.*



PROGRAM  
**Spotlight**  
7TH & 8TH GRADE SAIL

In partnership with School District 34, Youth Services provided **SAIL (Supportive Approaches to Integrating Learners)** to 7th and 8th grade English Language learners and their parents. The program focused on building social and emotional wellness, increased self-esteem and confidence in program participants as they readied themselves to transition to high school.



Glenview School District 34 is so grateful for our partners at Youth Services! They take such wonderful care of our students and parents by offering programming that is meaningful and skill-building. Through the supplemental SAIL services that YS has provided over the past four years, our countless students have learned strategies to develop positive relationships with peers and adults; healthy/assertive communication and self-advocacy; and report an increased sense of belonging and connectedness. Additionally, evening workshops provided in Spanish give parents a safe place to discuss ways to improve school, parent, and child communication and relationships.”

— Raquel Kim Director of EL & Bilingual Programs, School District 34





## OUR COMMITMENT TO THE **community**



I am always impressed with how Youth Services works with our schools, healthcare professionals, and others to provide wrap around services that are vital to the health and well-being of our youth. They have been a sustaining, bright light in the darkest of times, and I am extremely grateful to have an agency like this in our community.”

— Tamara Draper, Glenview resident and Youth Services volunteer



**Crisis Response**  
**41 children and teens in crisis** received risk assessments by YS clinicians



**Juvenile Diversion**  
**79 local youth** completed community service hours at the agency



**Holiday Gift**  
**670 children and 220 families** were gifted with coats, boots, clothing and toys by generous individuals, service groups, and local corporations





COMMUNITY  
PARTNER

# spotlight

An organization that started as a couple softball teams for local dads to come together in 2020 has now become an active and enthusiastic charitable contributor to many local organizations, including Youth Services. This group of extraordinary friends has pooled resources to financially support the agency's events and lend a hand in some incredible ways including—volunteering with our Holiday Gift program, hosting our first Field Day to kick off registration for fall programming, and has created a scholarship baseball program for under-resourced players.

Youth Services is proud to work with this fantastic group on their impactful efforts and looks forward to further developing this partnership into the future.







*we're all in*

VOLUNTEERS  
WHO  
**shine**

**Ana Cassorla and Marsha Merdinger**

Volunteers are key to so much of the work of Youth Services. They come to the agency in many ways to share time, talents, and dedication to allow staff to remain focused on the critical mission. Two of these volunteers have spent years with weekly commitments to the agency.

It is thanks to individuals, like Ana Cassorla and Marsha Merdinger, that staff remains efficient and resources are focused. Ana and Marsha each serve a key role as part of the team and community that make Youth Services so special.





WE HAVE JUST ONE

**goal**

To foster the social and  
emotional well-being  
of children and youth.

**com  
mit  
ment**



# THANK YOU TO OUR donors

We greatly appreciate each gift given in support of Youth Services, and we have made every effort to ensure the accuracy of this listing.



## \$100,000+

State of Illinois  
Village of Glenview  
Village of Northbrook

## \$25,000 to \$99,999

Accent Charitable Fund - The Cabay Family  
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Cless Family Foundation  
April and Jeff Diehl  
Jean Paul Ohadi Memorial Foundation  
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New Trier Township  
Northfield Township

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Scott and Beth Brady  
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Making Life Better  
Stephen and Marsha Merdinger  
Niles Township  
Robert and Ann Rowlands  
Village Treasure House  
Wintrust Financial Corporation

## \$10,000 to \$14,999

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Niles Township High School District 219  
NorthShore University Health System  
Northwestern Medicine  
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Optimist Club of Glenview  
PFLAG Northern Illinois Chapter  
Poydence & Company, P.C.  
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Red Hat  
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of Northbrook

Rotary Club of Glenview Noon  
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Jason Schoettmer  
William and Gail Steinmetz  
Peter and Kim Stettler  
Joseph and Jeanne Sullivan  
Susan and Allan Swaringen  
The Robert A. & Virginia O. Christensen  
Charitable Fund  
The Sommer Family Foundation  
William G. Thomas  
Greg and Lee Tomic  
United Way of Greater Atlanta  
Willow Lake Orthodontics

## \$500 to \$999

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American Legion - Post 791  
Andreas Hogue Salon  
Karen Appleby  
Christian Arquilla  
Daniel and Poppy Bechtold  
Elaine Bilowich

Laurie and Jeff Binstein  
Rudy Bless  
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North Shore Unitarian Church  
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Brad Walker  
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Glenview Community Church Women's  
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Glenview Grind  
Glenview Lions Club  
Glenview New Church and Schools  
Glenview Public Library

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Marvin and Mary Ellen Johnson  
Meghan Johnson  
Andrea and Brad Joselit

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Kevin and Laura Kachmarik  
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Dave and Maritoni Kane  
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